

2026 Point Reyes Summer Running Camp

6-Day/5 Night Schedule (Rev 7/23/2026)

Sun, July 26th – Fri, July 31st

10:00 PM Every Night = QUIET TIME! *Driving to/from Camp

Day #1 7/26 Sun	1:00 (Wave #1 Seniors/Juniors) / 1:30 (Wave #2 Everyone Else): Check in unpack, set up tents 4:00-5:30: 4-6 mile run from Camp 5:30-6:30 FREE TIME 6:30: Dinner, Spaghetti (Morales Family), Bread/Salad (Camp Staff + Alumni help prep/clean-up) 8:30-9:30: Campfire talk (Camp Staff + Alumni intros)
Day #2 7/27 Mon	7:30: Wake-up/light breakfast 8:15-9:00: Short Run + CTT (Circuit Training & Torture) hosted by Alumni 9:00-10:00 Breakfast: Cold cereal OYO! *10:15-1:30: Black Mountain Ranch Naturalist Hike/Adventure (includes Lunch) 2:00-3:00: FREE TIME 3:00-4:30: 6-8 mile run from Camp 4:30-5:30: Team Building Break-out 6:00-7:30: Dinner, BBQ with Chef Chad! + Bread/Salad (Seniors help prep/clean-up) 8:30-10:00: Campfire talk (Junior + Senior intros)
Day #3 7/28 Tue	7:30: Wake-up/light breakfast 8:15-9:30: 3-4 mile Tempo Run Workout (at Olema Campground) 10:00-11:00 Breakfast: Pancakes, Sausage and Fruit 11:00-Noon: Camp Trivia + Schwag *Noon-4:00: Beach Field Trip/Tide Pool adventures (includes Lunch) 4:00-5:30: FREE TIME 6:00-7:30: Dinner, Paella prepared by John Kane! (Juniors help prep/clean-up) 8:30-10:00 Campfire talk (Sophomore + Freshman intros)
Day #4 7/29 Wed	8:00 (sleep-in day!) Wake-up/light breakfast 9:15-10:30: 4-6 mile run from Camp + other Group Activities 10:30-11:30: Breakfast: Build your own Breakfast Burritos 11:30-Noon: Camp Trivia + Shwag Noon-1:00: Team Building break-out 1:00-3:00: FREE TIME / Lunch OYO 3:00-4:30: TBD Short Run or Group Activity 4:30-6:00: FREE TIME 6:00-7:30: Dinner, Taco Night + all fixings prepared by John Kane! (Sophomores help prep/clean-up) 8:00-9:00: Short Campfire talk
Day #5 7/30 Thu	7:30: Wake-up/light breakfast 8:15-10:30: 8-12 mile long run from Camp! 10:30 - Noon: Return to Camp / Lunch OYO Noon-1:30: FREE TIME *2:00-5:30: Limantour Beach Field Trip! 6:00-7:30: Dinner, Lasagna (Fitch Family) + Bread/Salad (TBD to help prep/clean-up) 8:00-10:00: Campfire talk + Talent Contest (organized by Class)
Day #6 7/31 Fri	8:00: Wake-up/light breakfast (optional short morning shake-out run, check with Greg) 9:00-10:30: Clean-up and pack-up! > *11:00-11:30AM: Leave Camp site in two waves (Seniors/Juniors 11AM – Everyone Else 11:30AM)