

**What to Bring for the 2026 Point Reyes Running Camp
Olema Campground (10155 Highway 1 Olema, CA 94950)**

Sun, July 26th – Fri, Jul 31st

MARK ALL PERSONAL ITEMS WITH YOUR NAME!

...Everyone is responsible to get to Olema Campground ON YOUR OWN!

We will have two waves for arrival and departure:

Sunday Arrival: Seniors/Juniors arrive at 1pm/All others arrive 1:40pm

Friday Departure: Seniors/Juniors depart 11am/ Others depart 11:30am

Please pack light in a cloth duffle-pack (no “wheelie” luggage please!)

- ✓ Warm clothes for night/campfire
- ✓ Folding Camp chair (IMPORTANT!)
- ✓ Lamp/Flashlight
- ✓ Sleeping Bag + Sleeping Pad + Pillow
- ✓ Sunscreen/insect repellent
- ✓ 2 pairs of running shoes (just in case a pair gets wet/causing blisters)
- ✓ Water Bottle
- ✓ Shower Shoes
- ✓ 2 towels (1 for the shower, 1 for the beach)
- ✓ Running clothes (bring extra, there will be times you run 2 x a day)
- ✓ Running watch + charger
- ✓ Portable chargers
- ✓ Socks (bring extra!)
- ✓ Bag of personal snacks (like cookies, crackers, available to share)
- ✓ Lotion and chap stick (in the elevation you get dehydrated!)
- ✓ 1 box of your favorite cereal (available to everyone at camp)
- ✓ Your own spoon + fork (marked with your name)
- ✓ Personal toiletries (toothbrush, soap, shampoo, deodorant [please!], etc...)
- ✓ Your personal medical supplies (prescription, inhaler, etc...)

**CELL PHONE RECEPTION IS SOMEWHAT LIMITED IN CAMP; LET
YOUR FRIENDS AND PARENTS KNOW TEXTING WORKS BEST!**

**COMMUNITY CAMP SUPPLIES NEEDED WILL BE REVIEWED DURING
CAMP PLANNING MEETING ON JULY 23!**

**IMPORTANT! -PLEASE PLAN TO CONFIRM WITH GREG DURING ON OUR
JULY 23 PLANNING MEETING YOUR TENT GROUPS! REMINDER TO NOT
FILL YOUR TENT GROUP WITH ALL BFFs! MAKE SURE YOUR TENT HAS
CAPACITY FOR EVERYONE! (I.E. YOU’LL NEED A 6 PERSON TENT FOR 4
PEOPLE) ALSO, EVERY TENT GROUP NEEDS TO HAVE A RAIN TARP AND
A TARP FOR THE GROUND!**