

2026 Santa Rosa Twilight Invitational

Co-hosted by Maria Carrillo High School/Santa Rosa Junior College at SRJC Bailey Field Stadium

(FINAL REV 04/15/26)

**DATE:** Saturday, April 18, 2026**LOCATION:** Santa Rosa JC Bailey Field, 1501 Mendocino Ave. Santa Rosa, CA 95401**MEET SCHEDULE:****10:00 AM** start for Field Events**11:10** **9:30am** start for 1st OPEN RUNNING EVENT, 2K Steeple, rolling schedule from there!**6:15 PM -~8:30 PM** for INVITE RUNNING EVENTS**ATHLETIC.NET EVENT SITE:** [2026 Santa Rosa Twilight Invitational - Meet Info - Track & Field Meet](#)**TIMING/LIVE RESULTS LINK PROVIDED BY ROGUE TIMING:** <https://milesplit.live/meets/748878/schedule>**MEET FORMAT:**

- **9:30AM:** We run a normal order of events schedule; heats run slow-to-fast, so each heat should be competitive.
- **UNLIMITED** entries only for the OPEN 400, 1600 and 3200; all other events entries are limited. (see below)
- Top overall ~12 athlete seed times for DISTANCE events (800, 1600, 3200) and top overall 8 seed times for every SPRINT event will compete in **INVITATIONAL SECTION STARTING AT 6:15 PM.**

FIELD EVENT SCHEDULE:

10:00 AM	Boys Discus	Girls Shot Put	
Noon	Girls LJ (Pit #1)	Boys LJ (Pit #2)	Girls HJ
2:00 PM	Girls Discus	Boys Shot Put	
3:00 PM	Girls TJ (Pit #1)	Boys TJ (Pit #2)	Boys HJ
3:00 PM	Girls Pole Vault		
4:30 PM	Boys Pole Vault		

Field Event Minimum Entry Requirements (all marks must be verified in Athletic.net)		
Event	Girls	Boys
HJ (opening height)	3'10"	4'10"
LJ	12'	15'
TJ	22'	30'
SP	20'	28'
Discus	60'	75'
PV (opening height)	7'	8'

RUNNING EVENT SCHEDULE:

9:30 AM: 2K Steeple (Girls 30' barrier height/Boys 36", must wear spikes, brief steeple hurdle clinic 15 min. prior to start of race!)

NORMAL EVENT SCHEDULE ROLLING AFTER 2K STEEPLE HEATS AS FOLLOWS:

4x100 Relay: Open girls followed by Open boys. (Limit 3 entries per school/per gender)

1600m: Open girls (unlimited) Open boys (unlimited)

100H/110H: Open girls, Open boys (varsity heights) (limit 6 entries per school/per gender)

400m: Open girls (unlimited) Open boys (unlimited)

100m: Open girls (unlimited) Open boys (limit 6 per school/per gender)

800m: Open girls, Open boys, (limit 6 per school/per gender)

300H: Open girls, Open boys, (limit 5 per school/per gender)

200m: Open girls, Open boys (limit 5 per school/per gender)

3200m: Open girls, Open boys, (unlimited)

4x400 Relay: Open girls, Open boys (limit 3 per school/per gender)

~6:00 PM: School Mascot 100m dash challenge (Time Permitting)

Tentative ~6:15 PM STARTS INVITE RUNNING EVENTS (Sprints, top 8 times, top 12 for 800, 1600, 3200):

<u>4x100 Relay</u>	Girls 6:15	Boys 6:19	<u>1600m</u>	Girls 6:24	Boys 6:33
<u>100H/110H</u>	Girls 6:42	Boys 6:47	<u>400m</u>	Girls 6:55	Boys 6:59
<u>100m</u>	Girls 7:06	Boys 7:10	<u>800m</u>	Girls 7:15	Boys 7:19
<u>300H</u>	Girls 7:25	Boys 7:30	<u>200m</u>	Girls 7:36	Boys 7:39
<u>3200m</u>	Girls 7:44	Boys 7:59	<u>4x400 Relay</u>	Girls 8:13	Boys 8:22

GENERAL ADMISSION: Fee = \$7 per person, Only GoFan or Cash are accepted at both Main Gates.

TEAM ENTRY FEES: \$15 per athlete/\$20 per relay, or \$350 for entire team, whichever is less. Checks payable to "MCHS PAB" at Packet pick-up (Coaches can pick-up packets at East Bleachers Main Entrance).

WEIGH-INS: Implement weigh-in 9:00 am - 2:00 pm under east bleachers.

ATHLETE CHECK-IN / FIELD and TRACK ACCESS: All athletes in running events must check in at the Bull-Pen 30 minutes prior to the start of their event (located on the infield at the south end of the track, near football endzone) for heat and lane # assignments. All Running athletes need hip #s. Final call will take place 20 min. prior to the event start time. Athletes missing Final Call deadline will be scratched. Field event competitors check in at event site 30 min. prior to event start time. Only participating athletes are allowed inside the fence that borders the track and Coaches with an infield pass. Spectators and non-participating athletes will be asked to remain outside the fence. DO NOT disturb officials at timing station/do not cross into taped-off areas for Discus on the infield.

AWARDS:

- **Field Events:** Top overall finisher gets a "HEAT WINNER" T-shirt; Top 3 finishers get medals.
- **Open Running Events:** Every Heat Winner gets a medal.
- **Twilight Section Running Events:** Winners get "HEAT WINNER" T-shirts/Top 3 finishers get medals.

MISC:

- Several Food Trucks will be available at the meet from 12-7PM.
- Spikes not to exceed 3/16" in length.
- Music will be played during running events, see Coach Wellman to make requests!